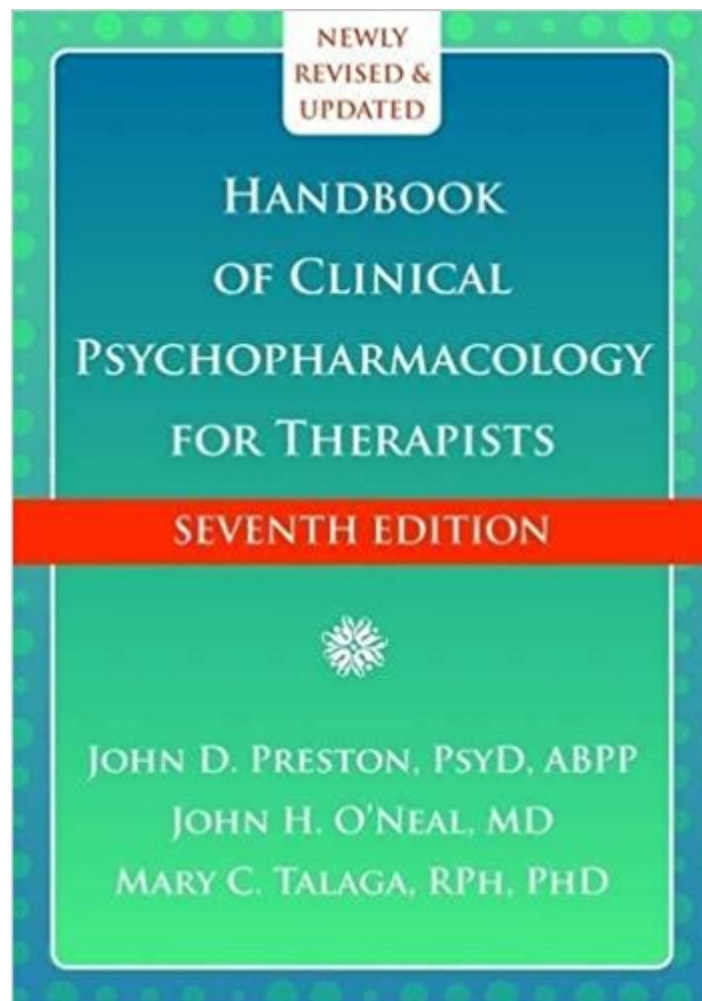




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# Handbook Of Clinical Psychopharmacology For Therapists





## Synopsis

Handbook of Clinical Psychopharmacology for Therapists has become the go-to resource for mental health clinicians looking for clear, reliable information about the treatment of mental health issues. Organized by disorder and, within each disorder, by medication, this book is designed to familiarize clinicians and students with the basic terminology and models of pharmacokinetics. This updated seventh edition provides essential information on new medications and treatment options and includes the latest research on side effects, contraindications, and efficacy of all major medications prescribed for mental health disorders. The book also features an important new chapter on the effects of withdrawing from psychopharmacological medications. This handbook makes it simple to:

- Get the facts about drug interactions and side effects
- Find out how medications affect adults, children, and adolescents differently
- Learn how different cultures view medical treatment, vital information for anyone who treats clients from a variety of backgrounds
- Discontinue medication safely when needed

## Book Information

Hardcover: 376 pages

Publisher: New Harbinger Publications; 7 edition (February 2, 2013)

Language: English

ISBN-10: 1608826643

ISBN-13: 978-1608826643

Product Dimensions: 1.2 x 7 x 10.2 inches

Shipping Weight: 2.1 pounds

Average Customer Review: 4.4 out of 5 stars 144 customer reviews

Best Sellers Rank: #16,742 in Books (See Top 100 in Books) #4 in Books > Medical Books > Pharmacology > Neuropsychopharmacology #7 in Books > Medical Books > Psychology > Psychopharmacology #7 in Books > Medical Books > Medicine > Reference > Drug Guides

## Customer Reviews

"I'm a psychoanalyst and clinical psychologist with no medical training, and I found Handbook of Clinical Psychopharmacology for Therapists to be a compelling and stimulating read, as well as a welcome addition to my reference shelf. This text is coherent and user-friendly, and reading it is a surprisingly pleasurable way to expand your knowledge in an area of clinical treatment usually not made this accessible to nonmedical professionals." — Susan Flynn, PhD

I recommend the Handbook of Clinical Psychopharmacology for Therapists to



psychotherapists from various clinical trainings and diverse clinical orientations, as well as to nonpsychiatric physicians and their prescribing assistants. One of the most valuable elements of this text is the authors' reminder to consider when and how medication can be appropriate to treatment, and how the clinician is an essential part of the psycho-medical treatment team. If you have only one reference book on your shelf addressing the interface between clinical treatment and psychopharmacology, this should be it.

• Marvin B. Berman, PhD; Handbook of Clinical Psychopharmacology for Therapists is a modern masterpiece written by a multidisciplinary team of distinguished practitioners. It is one of the most clearly written and reader-friendly yet comprehensive books on the subject of psychiatric diagnosis and psychotropic drug therapy. The handbook is packed full of useful tables, figures, and illustrations that amplify the main text or can be used independently for a rapid introduction to the field or for reviewing the fundamentals. Covering both the spectrums of pathophysiology and the neurobiology of drug action, this slim, state-of-the-art-and-science text is truly a handbook worthy of the name and should be an essential resource for mental health professionals and students alike.

• Clifford N. Lazarus, PhD, licensed psychologist and director of Comprehensive Psychological Services of Princeton, author of Don't Believe It for a Minute and The 60-Second Shrink; Handbook of Clinical Psychopharmacology for Therapists is a wonderfully useful and comprehensive book. It should be essential reading for all mental health professionals and for others like myself who have family members suffering from mental illness. Its great virtues are its clarity and its humane and informed sense of the diagnosis, treatment, and care of extraordinarily complicated conditions.

• Jay Neugeboren, author of Imagining Robert; This book belongs on the desk of every psychiatrist, clinical psychologist, social worker, or anyone who works with clients who are taking psychoactive drugs. Also, anyone teaching or interested in abnormal psychology will find it indispensable. The authors manage, with judicious use of well-designed tables and clear, concise writing, to fill a gap in the current literature. No other book with which I am familiar covers the history of psychiatric medicine as well as both the neurochemistry and clinical use of psychotropics. The authors make excellent use of case histories, which are always to the point. I cannot think of anything that could be added to this text, or any part of it I would want to change.

• Harry Avis, PhD, professor of psychology at Sierra College and author of Drugs and Life; The book's organization makes it both an easy cover-to-cover read and a useful reference work, with information readily accessible in tables throughout and in the appendices. This book tackles a dense topic thoroughly but succinctly and the writing flows well and is easy to follow. A wealth of figures and summary tables also assist readers in better grasping the detailed information. The



opening chapters on the history and basic principles of neurobiology are written in a style that is understandable and engaging to a non-physician. In their discussions of the major diagnostic categories, the authors do an excellent job describing the illnesses without simply listing DSM criteria, which is always refreshing and will help to keep this book from seeming outdated now that the DSM-5 has been published. ...The authors do an outstanding job of including theory, empirical data, and practical treatment approaches throughout their discussion of the various illnesses and treatments, and each of the four sections can stand on its own and be read or referenced independently of the others.â • &#151;Journal of Psychiatric Practice, Vol. 20, No. 5

John D. Preston, PsyD, ABPP, is a licensed psychologist and the author or coauthor of twenty books. He is a professor of psychology at Alliant International University, and has also served on the faculty of the University of California, Davis, School of Medicine. He has lectured widely in the United States and abroad. He is the recipient of the Mental Health Associationâ™s Presidentâ™s Award for contributions to the mental health professions, and is a fellow of the American Psychological Association. John H. Oâ™Neal, MD, is a board-certified psychiatrist who has been in private practice since 1977. He is past chief of the department of psychiatry at Sutter Community Hospital in Sacramento, CA. He is an associate clinical professor of psychiatry at the University of California, Davis, School of Medicine and a fellow of the American Psychiatric Association. He lectures on depression and psychopharmacology to mental health professionals, employee assistance programs, and the public. Dr. Oâ™Neal received his MS in clinical psychology from Harvard University. Mary Talaga, RPh, PhD, is administrative services leader for Kaiser Permanente Pharmacy Operations in the Northern California region. She has been a pharmacist for more than thirty years, and specializes in psychiatric pharmacy. Talaga has extensive experience in health care and has practiced in a variety of clinical settings. She is particularly interested in promoting collaborative care models and developing best-practice guidelines. She provides training and mentoring to health care professionals and general education to patients and consumers.

This book is full of useful information and has a permanent place on my bookshelf but it's written with all of the engagement qualities of a DIY furniture assembly manual. Nothing against this particular author because he simply follows a presumably proud tradition of textbook writing, but why must so many textbooks be stick-in-the-eye experiences? Passive voice, cumbersome language usage, mind-numbing prose... all of the qualities we're told never to use by our composition teachers beginning in grade school. I guess most PhDs feel exempt from the rules of



readability. Perhaps Dr Rosenthal (The Encyclopedia of Counseling) could start a side business teaching other academics how to write in a manner that doesn't put the rest of us to sleep.

HATED this class. Book was an ok read, needed for class. I like that it broke things down for therapist who do not use medication on a daily. Therapist do interact with psychiatrist and doctors who treat the same client/patient so it this book does help the therapist understand what medication the client is taking, why and how it effects them.

This book is a great tool for counselors who want to be more informed about medication options. The holistic approach taken by the authors is helpful from a mental health and wellness perspective. It helps therapist take into consideration best practices and evidence based approaches.

Just what I needed for may class

mmmm... so and so. I like the other book from Preston much more than this. It's brief, but sometimes can be confusing. The other is smaller, but it's fantastic (clinical psychopharmacology made ridiculously simple)

I bought this book because I was unable to take my university's psychopharmacology course. As a master's level mental health clinician working with a poor and chronic population, knowledge of this area is key. This book was written and edited by a Psy. D (someone who has received very advanced, completely applied training in clinical psychology), an MD, and a pharmacist. The result is a masterful blend; all three of their areas of expertise have equal import. Every therapist should own and read a copy of this book. Packed with useful information, and fascinating- no joke; I brought this page-turner with me to the beach all summer. If you read nothing else on psychopharm, this should be it.

I bought this book for a required class for my MS Mental Health Counseling class, and I ended up really liking it. It is well-written, informative, easily accessible, nicely formatted and contains a ton of useful charts and lists. When I received it, I was expecting another dry textbook, but I was very pleasantly surprised. This is a good book for students and practitioners alike and I will certainly be using this as a resource in the future.



Somewhat disappointed in this book. I was wanting something for a quick reference for medication this is not a quick reference

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